**The Children’s Center of Lake Forest**

28457 North Ballard Drive Unit A2, Lake Forest, Illinois 60045 PH: 847-367-0099

**ILLNESS GUIDELINES**

Dear Parents,

The preceding are guidelines from the health department and DCFS regulations and are designed to minimize the spreading of disease within the center. By keeping the exposure to diseases as low as possible, we will be helping everyone stay healthy and happy. According to our parent handbook, we also require that parents have their child’s hands washed before entering the classroom. Please read the following carefully and return the signed second page to the office before your child’s start date. Please keep the first page for your records. Your help with the following guidelines is necessary and appreciated.

1. **Prescription Medication**: can only be administered with a completed medication permission form (available in your child’s classroom). The medications will be administered according to the doctor instructions and/or as directed on the prescription.
2. **Non-prescription Medications**: can only be administered with a completed medications permission form (available in your child’s classroom). The medication needs to be sealed and labeled with your child’s name, and have a current expiration date on the bottle.
3. **Fevers**: children with a temperature of 101 degrees (upon director’s discretion) may go home and be fever free, without medication, for 24 hours before returning to the center.
4. **Episodes of Diarrhea**: when your child has 3 episodes of diarrhea within an hour, they may be required to go home and be symptom free for 24 hours before returning to the center.
5. **Episodes of Vomiting**: when your child has 1 episode of vomiting, (upon director’s discretion, they may be required to go home and be symptom free for 24 hours before returning to the center.
6. **Rashes and Infectious Disease**: if your child has any rash, it needs to be reported to the center and a doctor’s note needs to be provided to show the rash is not contagious. If your child has been exposed to any infectious disease, you need to report it to the center as well.

**ILLNESS GUIDLEINES**

I have read the illness guidelines from The Children’s Center of Lake Forest and will fully abide by all Lake County Health Department and DCFS regulations pertaining to illness.

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Parent/Guardian Signature Date

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Director Signature Date